

The diabetes dilemma

Comorbidities and **complications** make diabetes a difficult, costly challenge that can only be controlled with a high standard of clinical care.

Care

Not one-size-fits-all

Diabetes is a common disease, affecting nearly 30 million Americans¹, but every individual requires personal attention and care for better outcomes.

36.6% of diabetes patients are nonadherent to diabetes medications²

Comorbidities

Patients with diabetes often have related conditions that present additional health challenges.

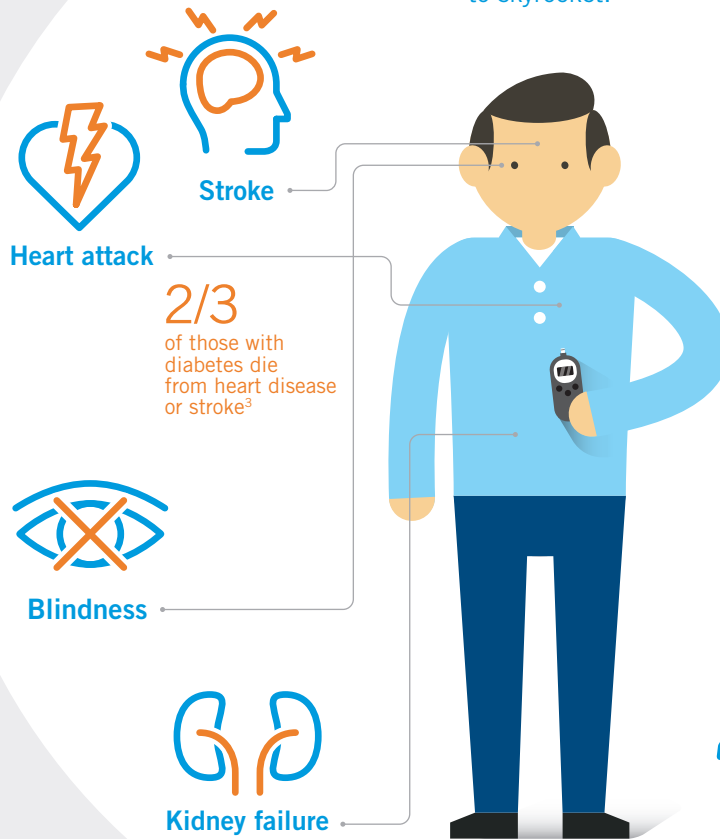


87% have one or both
25% are prescribed an antidepressant

30 vs. 90

Only 48.3% of patients with 30-day fills at retail are adherent to oral diabetes drugs vs. 67.7% (90-day retail) and 81.4% (90-day home delivery).⁵

Adherence is critical.
Patients with diabetes are at increased risk for developing serious complications, while healthcare costs continue to skyrocket.



Cost

High and climbing

84 million adults – or 1 in 3 – have prediabetes.³



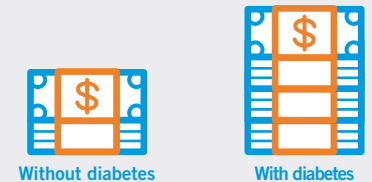
With prevalence on the rise, it's inevitable that more and **more of your member population will need treatment** in the future.

#1 **costliest** traditional therapy class over the past 6 years²

\$176B in diabetes-related medical costs in the U.S.¹

20% Diabetes trend will be near 20% for each of the next three years²

Plan costs are nearly **three times more** for patients with diabetes than for those without diabetes.⁵



Our **Diabetes Care Value Program**SM contains diabetes costs, ensures patients have access to medication through a quality-based network⁴ of preferred pharmacies, provides specialized care through our Diabetes Therapeutic Resource CenterSM and arms patients with important tools like remote monitoring and the Mango Health patient engagement solution.

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1 American Diabetes Association | 2 Express Scripts Drug Trend Report, 2016 | 3 Centers for Disease Control and Prevention (CDC), National Diabetes Statistics Report, 2017 | 4 Our diabetes quality network is selecting retail pharmacies based on their future quality commitments, not their historic performance | 5 Diabetes dilemma: U.S. trends in diabetes medication use. An Express Scripts report. Aug 2017 | All other cited facts based on Express Scripts 2016 data