

# Case Study: Making Healthcare More Affordable

## Issue Identified

- A 62-year-old man with diabetes was nonadherent to his oral medication, metformin.
- He was prescribed an expensive, extended release formulation, which he could not afford.

## Specialist Pharmacist Intervention

- An Express Scripts specialist pharmacist contacted the patient and the prescriber to discuss a more affordable, clinically-equivalent option.

## Healthier Outcomes

- The patient was able to begin a new therapy, which saved him over \$1000.00.
- He will be more likely to achieve his blood sugar goals and control his diabetes, minimizing risk of damage to his eyes, kidneys, nerves and heart.

